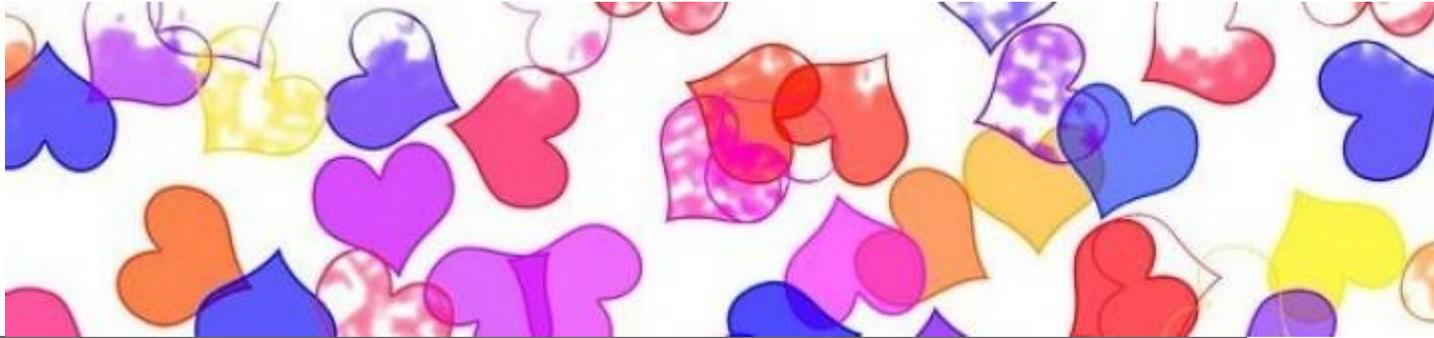


# LIFE LESSONS FROM THE HEART BY TERESA MORROW

SHARING LIVING & CONNECTING LIFE

HOME  
LESSONS FROM THE HEART  
WORLD OF WRITING  
INSPIRING INTERVIEWS  
RECIPES  
ABOUT ME  
MY BOOKS  
THE AUTHORS CHEERLEADER



## Invited Inspiration – Interview with Author Mary Ann Bernal

Posted on 2012/05/17 by Teresa

I enjoy spreading the word about books from my fellow authors. I created this “column” on my blog titled, “Invited Inspiration” to share about these writers and authors. I wanted to have a space where they could share what inspires their writing, tips on writing and information about them and their book.

## Teresa Morrow interviews Mary Ann Bernal, author of *The Briton and the Dane: Legacy*

### **Mary Ann, when did you begin your writing journey?**

When I was in the fourth grade, I wrote a poem that impressed my teacher. She encouraged me to continue writing, which is what I did. Over the years, I attended creative writing classes and workshops to learn the craft. I also enjoy writing short stories that have been published in anthologies; currently I have a submission included in “Time, A Literary Underground Anthology,” which is available at <https://www.smashwords.com/books/view/159133>.

### **Please share the inspiration for your books.**

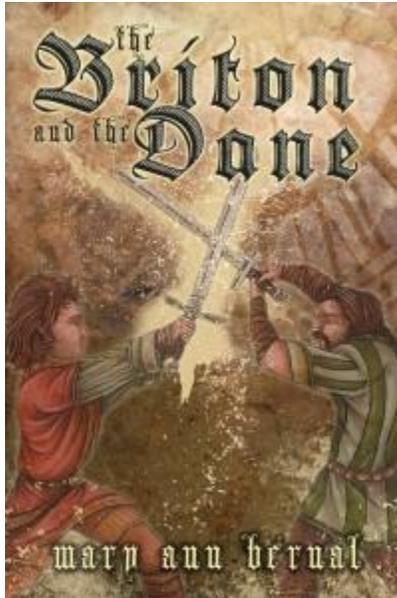
As an impressionable teenager growing up in the era of Hollywood blockbusters, I fell in love with such epics as “Ivanhoe,” “The Vikings,” “Knights of the Round Table,” and “King Arthur,” to name but a few. It was during this time that the seeds were sown, and my Erik the Viking theme became embedded in my mind, but it would take half a lifetime to fulfill the dream.

### **What books do you currently have on your nightstand?**

“Jacqueline Kennedy Historic Conversations on Life with Jack F. Kennedy”  
“Marion Zimmer Bradley’s Ravens of Avalon” expanded by Diana L. Paxson  
“Harold, The Last of the Saxon Kings”

### **Please share three tips you would give to beginning writers?**

1. Write at least 250 words (1 page) a day
2. Maintain your motivation
3. Never give up



The Briton and the Dane book cover

**Can you give an overview of your latest book?**

"The Briton and the Dane: Legacy" is the final installment of "The Briton and the Dane" trilogy. The story is set in Anglo-Saxon Britain during the reign of Alfred the Great when the formidable Vikings terrorized all of Christendom. The epic adventure runs the gamut of deception, treachery, intrigue, and betrayal during a time of war and conquest when powerful chieftains and petty kings coveted the lush fertile lands of Britannia.

**What else do you have planned with your writing in 2012?**

I am currently writing "The Briton and the Dane: Concordia," which follows the adventures of Lord Stephen's daughter as she comes of age in an era of enlightenment where religious beliefs are tolerated and the pursuit of knowledge defies cultural differences.

The story follows Concordia's plight when she is captured by Saracen pirates while sailing the Mediterranean Sea, but her life is spared as she is reunited with the exotic Moor who once held her heart. However, will love be enough to sustain Concordia when she is denied her Christian beliefs? Will she be rescued from the Infidel's grasp or will she spend her days enslaved in a foreign country where followers of the Christian faith are condemned to death?

The book will be available in early 2013.

**Please share where the readers can find out more about you and your book.**

Readers are welcome to visit:

<http://www.maryannbernal.com>

<http://www.facebook.com/pages/Omaha/The-Briton-and-the-Dane/279770885805>

<http://twitter.com/#!/BritonandDane>

<http://maryannbernal.blogspot.com/>

<http://www.litunderground.com/MaryAnnBernal.html>

<http://www.youtube.com/user/maryannbernal/videos>

Purchase information:

[http://www.amazon.com/s/ref=nb\\_sb\\_noss?url=search-alias%3Dstripbooks&field-keywords=Mary+Ann+bernal&x=24&y=15](http://www.amazon.com/s/ref=nb_sb_noss?url=search-alias%3Dstripbooks&field-keywords=Mary+Ann+bernal&x=24&y=15)

<http://www.barnesandnoble.com/s/mary-ann-bernal>